

Airrosti to Help Resolve Physical Pain

Airrosti is a program for you and your covered dependents if you are enrolled in a BCBSTX medical plan. Airrosti is a safe and highly effective alternative to surgery, pain management, and long-term chiropractic or physical therapy treatment programs. Whether you've been living with chronic pain or if you've recently experienced an acute injury, Airrosti providers will focus on diagnosing the root cause of your pain. They then work to resolve that pain to help you quickly return to pain-free activity and avoid injury recurrence — often within only 3 visits.

Airrosti treatment consists of individualized in-clinic or virtual one-on-one care to help resolve issues such as:

- Pain in the back, neck, shoulders, hips, elbows, knees, and feet
- Acute sports/athletic injuries like pulls and strains
- Repetitive stress/wear and tear injuries like tendonitis, frozen shoulder, and carpal tunnel syndrome.

Airrosti offers a complimentary, virtual triage for any ache or pain – acute or chronic. For more information, visit www.airrosti.com or call 1-800-404-6050, or schedule your free screening now at www.airrosti.com/vip-chat.